

NASH CANCER TREATMENT CENTER



WORLD-CLASS
CARE THAT'S

CLOSE TO HOME

World-class facility

The cancer treatment center at Nash Health Care Systems was developed by Drs. Patrick J. Cavanaugh and Hewlett Connell nearly 20 years ago. Dr. Cavanaugh previously served as the Chief of Radiation Therapy at Duke University Medical Center and Radiation Program Director at the National Cancer Institute.

Our facility currently features two high-energy linear accelerators, a simulator and three-dimensional treatment planning computer capability.

But what does this mean for our patients?

It means less time in a waiting room. It means efficient utilization of technology which equals lower costs. It means having enough time after treatment to ask questions—and receive answers.

Cancer prevention and early detection are also priorities at the Nash Cancer Treatment Center. In addition to free scheduled cancer screenings, nutritional information is also available, because national statistics show that 35 percent of all cancer deaths are related to dietary factors.

The physical fight against cancer is only half the battle; the Nash Cancer Treatment Center provides resources for emotional support as well, including counseling, support groups and a wealth of educational resources.

Gene Paige, a Zebulon resident, opted to go to Rocky Mount when he sought treatment for his throat cancer.

"It's the best decision I made," he said. "Everyone that I encountered was genuinely concerned about the patients. They were so positive and upbeat. I was always met with a smile—without fail. Everyone over there was most accommodating. They went through the process step by step and

sat down and explained to me what was going on and what I could expect. "Basically, your life is in their hands, and I felt comfortable doing that—very comfortable."

Our convenient location also meant that Gene was often able to drive himself to his appointments—and when receiving treatment two times a day, location was a component worth considering.

"I'm very independent," Gene said. "I was glad that I could drive myself to treatment. This is a great asset to the hospital and to the eastern part of the state."

When Ed Davenport faced radiation treatments for prostate cancer, convenience was definitely a consideration.

"When you have to go 38 times for treatment, time can be a factor," he said.

Ed carefully researched several facilities before deciding to seek treatment at the Nash Cancer Treatment Center.

"When people hear the word 'cancer,' they are scared to death," he said. "Although I live only about one mile from the Nash Cancer Treatment Center, I did a lot of research on other treatment centers. I wouldn't have gone just anywhere.

"I found the Nash Cancer Treatment Center had the important combination of the best and latest equipment and a highly trained professional staff. It is wonderful to have this facility located here," he said.

Since 1998, our center has given more than 34,000 treatments and provided 1,436 consultations. While our state-of-the-art equipment offers the latest in medical technology, one of our greatest assets is something a little less tangible...

Dr. Patrick J. Cavanaugh



"Basically, your life is in their hands, and I felt very comfortable doing that—very comfortable. It's been the best decision I made."

Gene Paige, cancer survivor
Zebulon, NC

World-class staff

They called her “Sunshine.”

It was a simple greeting, but one that accurately reflected the boundless determination of former patient and breast cancer survivor Barbara Hunter. Barbara said it was the dedication of the staff that made the difference. They gave her encouragement when needed, information when appropriate and let her cry when she needed to.

“They didn’t know me from Adam, but they were so caring I felt like I had known them for my entire life. When I walked in they’d call to me, ‘Hello, Sunshine.’ They stayed by my side. They impressed me so,” she said. “You don’t expect that from people who don’t know you. I wasn’t a number. They all knew me by name. They gave me personal one-on-one attention.”

For the staff, it’s more than a job. It’s a calling. It’s a family.

Beth Kelly, a radiation therapist with



the Nash Cancer Treatment Center, said dedication to the needs of each individual is of paramount importance.

“We are so pleased to hear patients say that they feel very comfortable coming here. We ensure that patients receive the individualized treatment that they need. We schedule treatments so that there is enough time for patients to ask questions—and receive answers. We know each case individually, and we tailor the treatments to meet their specific needs.”

Ed, cancer survivor, will second that motion.

“The morale is very high over there. They have a real esprit de corps. It’s not just a job to them,” he said. “They have a very personal interest and concern for your health. One even cried when I left.”

And why wouldn’t we care? After all, our patients are more than clients. They’re our neighbors.



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Beth Kelly, radiation therapist, Nash Cancer Treatment Center



“I was shocked when I was diagnosed with breast cancer because I was so young and didn’t have a family history of cancer. I could not have been more pleased with the quality of care I received at the Nash Cancer Treatment Center. I am forever grateful.”

Darenda Proctor, cancer survivor
Spring Hope, NC

World-class services

The Nash Cancer Treatment Center provides a complete complement of care tailored to each individual's needs. In addition to the best medical care available, the center offers services including:

- Nutritional information including recipes designed to strengthen the body and fight fatigue that often accompanies cancer treatment.
- Educational materials, including information on local support groups.
- Access to spiritual support through the Nash Health Care Systems Pastoral Care Department.
- Pain management strategies - including therapeutic massage.
- Free cancer screenings.

The physical fight against cancer is only half the battle. Education equals power, and we have extensive contacts for local support groups, as well as services offered by the American Cancer Society.

The Nash Cancer Treatment Center Cancer Resource Center

Offers educational materials and videos. Materials include information on different types of cancer, early detection, support groups, cosmetic and hair care information. In addition, nutritional information and recipes are available. Call 1-866-478-3471.



Ostomy Support Group

This is a support and educational group for anyone who has an ostomy as a result of bladder or colorectal cancer. Family members and significant others are welcome. This group meets monthly at Nash General Hospital. For more information, call 1-866-478-3471.

Keeping Abreast Support Group

This breast cancer support group meets monthly. For more information, call 1-866-478-3471.



Hospice

Offers home care for those with terminal illnesses. Office hours are Monday through Friday from 8:30 a.m. to 5 p.m. For more information, call 252-443-8124.

Physicians

The Nash Cancer Treatment Center is served by board-certified physicians who have extensive experience in the fields of oncology and radiation oncology.

Oncologists are doctors who specialize in cancer treatment, and radiation oncologists specialize in using radiation therapy to treat cancer.

Radiation Oncologists

Dr. Frederick Ellwanger, MD

252-443-8947

Dr. Chanchamma Thannikkary, MD

252-443-8947



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Barbara Hunter, cancer survivor
Rocky Mount NC



Nash Cancer Treatment Center

World-class care, that's close to home

1 866 478 3471

Free Scheduled Screenings • Support Groups • Counseling
Prevention Information • Pain Management • Educational Resources

2460 Curtis Ellis Dr. Rocky Mount, NC

A Service of Nash Health Care Systems

Building a healthier community for over 30 years

*Accredited by the American College of Surgeons Commission
on Cancer as a Comprehensive Cancer Center*